

PROGRESS IN THE PARK

PROJECT DESCRIPTION

Progress in the Park is engaging, training and empowering a community to create opportunities through sustainable transportation, a community garden and mentorship for community members.

TARGET AUDIENCE

250 families in the community of Mulgrave Park, one of Halifax's poorest areas. Many live below the poverty line and lack access to fresh fruits and vegetables and safe play areas.

SEEING OPPORTUNITY

Through sessions with community leaders, our needs assessment revealed a strong misperception of Mulgrave Park. Members of the community developed their own solutions to address challenges.

IMPROVED LIVELIHOODS



People

Empowered community to engage in project planning through the development of a Not-for-Profit: Communities in Progress Association



Planet

Community members now have access to a shared garden and rain water harvesting, along with sustainable, clean transportation through 'Biking Up' program



Profit

\$63,000 injected into community, along with development of two eco-friendly microbusinesses focusing on waste management and urban farming



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ENVIRONMENTAL PROGRAMMING

Botanical education and cooking workshops enabled community members to grow and prepare their own fresh vegetables.

Progress K.I.D.S. is educating Halifax about sustainable home gardening and rain water harvesting, in addition to selling seed packages to novice gardeners.

Biking Up, a program created to provide bicycles to community members, teaches the value of sustainable transportation, enabling them to get to school and work in an environmentally friendly way.

EMPOWERMENT

Progress: K.I.D.S. empowered over 40 community children to set goals and raise money for their own community playground. Children are working to sell seed kits to novice gardeners around Halifax Regional Municipality.

SUSTAINABILITY

Selected as 1 of 10 Canadian community gardens to receive ongoing funding from national organization, ensuring long-term development and success.

